MS-UK eligibility criteria for indoor skydiving

Please read the eligibility criteria details below to ensure that you qualify to participate in the activity

You must

• Be under 18 stone and 7 pounds (117kg) in weight
• Be three years of age or above
• Not be pregnant
• Not be under the influence of alcohol or non-prescribed drugs

If you have a history of neck, back, heart problems, or have previously suffered a shoulder dislocation or shoulder injury, you should seek advice from your doctor before flying.

Flyers under 18 years of age must be accompanied by a parent or guardian (over 18 years of age) on the day of flight, who will be required to authorise participation.
Can I fly with MS?

Yes! Absolutely anyone can take part as long as you meet the above criteria. People with MS are able and encouraged to participate in this event!

You must complete an online waiver declaring you’re fit to fly; this will be emailed to you once your flight is booked.

If you have any further questions and would like to speak to a member of the iFLY team, you can contact them by calling 0330 191 3982 or emailing support@iFLYworld.co.uk