



Jay Stepney

Eye colour:

Brown

Occupation:

Wellness coach

Joined MS-UK:

January 2016

What I look after at MS-UK:

I support anyone exercising at Josephs Court

If I was a movie star I would be:

Arnold Schwarzenegger

3 things I couldn't live without:

The gym, my phone and my car

3 things my colleagues say about me:

Smile, talk a lot, work hard!

My greatest achievement:

Playing semi-professional football

